

Community Active Support (CAS)

Working for community well being and social inclusion



'CAS for Better Sexual Health and Teenage Pregnancy Service'

This service aims to:

- Increase awareness and access to teenage sexual health service in Barking and Dagenham.
- Contribute to the reduction of STIs and teenage pregnancies among French speaking and the whole community in general
- Improve understanding of sexual health needs of young people.
- Improve future opportunities for teenage parents and their children.

We provide

1. Information , Advice and guidance on sexual health and listings of available local services and clinics
 2. Awareness and prevention on sexual health and teenage pregnancy.
 3. Drop in, One to one service and workshops
 4. Free condoms services
 5. Volunteering and training opportunities.
 6. Outreach activities and referral
- For more details contact Angelique, **Mondays, Wednesday**

and **Thursdays** on **0208 592 5964**

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Contact details

Community Active Support
Suite 117, Estuary House,
196 Ballards road,
Dagenham, Essex RM10 9AB

Tel: 0208 592 5964

Email: info@communityactivesupport.org

Web: www.communityactivesupport.org

Registered charity

Opening hours:

Monday to Friday

10.00am- 5.00pm

(Nearest tube station Dagenham Heathway)

Buses: 287 from Barking and Rainham

145 from Leytonstone or Ilford

174 and 175 from Romford or Dagenham Heath Way

Bus Stop: Ford Motor/MacDonald

By tube: District Line to Dagenham Heathway,

Then take buses 174 or 175 across the road and get off at Ford Motor/ MacDonald.



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